



# BREAKFAST

## STEAK BREAKFAST BURRITO

chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa

**\$7.25 | 670 CALS**

## ALL AMERICAN SANDWICH

cage free scrambled eggs, smoked bacon, american cheese, english muffin

**\$5.50 | 510 CALS**

## SAUSAGE TECATE WRAP

cage free scrambled eggs, sausage, cheddar cheese, pico de gallo, bell peppers, wheat wrap

**\$5.75 | 550 CALS**

## FEATURED

### PESTO HASH <sup>GF</sup>

turkey sausage, seasoned potatoes, grape tomatoes, baby spinach, parmesan cheese, nut free pesto

**\$6.50 | 610 CALS**



**OFF TO THE RIGHT START**

### PROTEIN PACKED OATS

egg white savory oats, turkey bacon, sliced green onions

**\$4.75 | 390 CALS**

<b>OMELETS</b>	<b>BUILD YOUR OWN OMELET</b> two cage free eggs & choice of vegetable, meat, or cheese VEGETABLE: <b>\$6.25</b>   MEAT: <b>\$6.25</b>	<b>CHEESE:</b> cheddar, pepper jack, american, provolone, swiss	<b>VEGETABLES:</b> peppers, onions, mushrooms, broccoli, tomato, spinach
	<b>PROTEIN:</b> bacon, ham, sausage		

<b>SIDES</b>	<b>BACON (2)</b> <sup>GF DF</sup> \$2.25	<b>SAUSAGE LINKS (2)</b> <sup>GF DF</sup> \$2.25	<b>BREAKFAST POTATOES</b> <sup>VG DF</sup> \$2.00	<b>GRIDDLED EGG OR EGG WHITE</b> <sup>V GF DF</sup> \$1.50
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<b>V-VEGETARIAN</b>	<b>VG-VEGAN</b>	<b>GF-GLUTEN FREE</b>	<b>DF-DAIRY FREE</b>	<b>CN-CONTAINS NUTS</b>
<p>THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.</p>			<p>FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, &amp; NUTS.</p>	