



BREAKFAST

OMELETS

DENVER GF

two cage free eggs with ham, peppers, onions, cheddar cheese

\$6.25 480 CALS

PICADO GF

two cage free eggs with pico de gallo, jack cheese, avocado & bacon

\$6.25 510 CALS

BUILD YOUR OWN OMELET

two cage free eggs & choice of vegetable, meat, or cheese

\$6.25 VEGETABLE | **\$6.25** MEAT

CHEESE:

cheddar, pepper jack, american, provolone, swiss

PROTEIN:

bacon, ham, sausage

VEGETABLES:

peppers, onions, mushrooms, broccoli, tomato, spinach

OPTIONS

PANCAKES (2) V
\$3.00 470 CALS

BACON (2) GF DF
\$2.25 131 CALS

SAUSAGE (2) GF DF
\$2.25 201 CALS

POTATOES VG DF
\$2.00 90 CALS

EGG OR EGG WHITE V GF DF
\$1.50 77-44 CALS

ALL AMERICAN

cage free scrambled egg, smoked bacon, american cheese, biscuit

\$5.50 510 CALS

TECATE WRAP

cage free scrambled eggs, sausage, cheddar cheese, pico de gallo, bell peppers, wheat wrap

\$5.75 550 CALS

FEATURED

BREKKIE PHILLY

chopped steak, cage free scrambled egg, sauteed peppers & onions, mozzarella cheese, buttery croissant

\$6.50 570 CALS

OFF TO THE RIGHT START

BRUSCHETTA AVOCADO TOAST VG

classic basil & tomato bruschetta atop sliced avocado & 9 grain toast

\$4.00 350 CALS

IMPOSSIBLE TOAST VG

plant based sausage patty, avocado, tomato, arugula, lemon vinaigrette, sourdough bread

\$6.00 400 CALS



V-VEGETARIAN

VG-VEGAN

GF-GLUTEN FREE

DF-DAIRY FREE

CN-CONTAINS NUTS

THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS. INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.

FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.