



# SALADS (no substitutes please)

## BUDDHA BOWL

buddha roasted chicken, cauliflower rice, super blend slaw, bell peppers, korean bbq sauce

**\$7.50 | 560 CALS | GF**

## CHICKEN CAESAR

romaine, roasted chicken, parmesan cheese, croutons, creamy caesar dressing

**\$7.50 | 740 CALS**

## SOUTHWEST

mixed greens, cherry tomatoes, roasted corn, black beans, avocado, red onion, julienned peppers, queso fresco, tortilla strips, southwest ranch dressing

**\$7.50 | 680 CALS | V GF**

## GLOWING CITRUS

blackened salmon, kale, orange and grapefruit segments, avocado, quinoa, cilantro, yogurt lime cilantro dressing

**\$10.50 | 430 CALS | GF**

## POWER GREENS & GRAINS

kale, arugula, spinach, quinoa, garbanzo beans, tomato, hard boiled egg, balsamic vinaigrette dressing

**\$7.00 | 450 CALS | V GF**

## CRISPY CHICKEN SALAD

breaded chicken tenders, lettuce, tomato, onion, cucumber, cheddar cheese, ranch dressing

**\$7.25 | 710 CALS**

## FEATURED

### BBQ CHICKEN SALAD

chopped romaine, grape tomatoes, roasted corn, black beans, bbq chicken, green onion, bbq ranch dressing

**\$7.50 | 550 CALS**



**OFF TO THE RIGHT START**

### LEMON GARLIC BROCCOLI

roasted broccoli, pepitas, pomegranate arils, avocado, feta cheese, lemon & garlic vinaigrette

**\$7.50 | 500 CALS | V GF**

## SIDE ITEMS

**ADD CHICKEN**  
\$2.00

**ADD BACON (2)**  
\$1.75

**ADD AVOCADO**  
\$1.00 | **VG**

**ADD CHEESE**  
\$1.00 | **V**

**V-VEGETARIAN**

**VG-VEGAN**

**GF-GLUTEN FREE**

**DF-DAIRY FREE**



THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.